

*Everyone approaches
life with the highest of hopes,
the best of intentions.*

*But even our greatest efforts
cannot overcome all the
complexities of life.*

*Professional counseling
can provide a welcome
new perspective and the
opportunity for growth
and healing.*

We believe in

- treating you with respect, compassion, and understanding.
- building on the good that is already in your life.
- providing efficient and effective therapy to overcome life's hurts.



Centennial Counseling Center

1120 E. Main Street, Suite 201
Cedar Crossing Building
(NW corner of Main St. & 12th Ave.)
St. Charles, IL 60174
(630) 377-6613
Fax (630) 377-6225

1 E. County Line Road
Arrowhead Building
(NE corner of Main St. & County Line)
Sandwich, IL 60584
(815) 786-8606
Fax (815) 786-1541

106 Countryside Parkway, Suite 3
Yorkville Professional Building
(SE corner of Countryside & Center Parkway)
Yorkville, IL 60560
(630) 553-1600
Fax (630) 553-5119

On the Web:
www.centennialcounseling.com

About the Nautilus Shell:

The shape of the nautilus shell has long been considered an example of perfect balance and proportion in nature. Each chamber of the shell represents another stage of the sea creature's life.

*Life
isn't
always
easy.*

*Let
us
help.*

Marriage

Depression

Anxiety

Children

Divorce

Fear

School

ADD/ADHD

Guilt

Anger

Loneliness

Drugs

Centennial Counseling Center

At Centennial, we provide a supportive, safe environment for exploring some of life's more challenging issues. We have specialized training in helping people with concern such as:

- handling stress
- communication problems
- marital tension or conflict
- parent-child issues
- school concerns
- attention deficit disorder/ADHD
- depression
- out-of-control anger
- separation/divorce
- scars from earlier emotional injury
- pile-up of "small" issues
- drug or alcohol dependence
- co-dependency/ACOA
- sexual trauma or difficulties
- eating disorders
- unrelenting guilt
- spiritual concerns
- affairs
- self-esteem problems
- inability to trust others
- loneliness and alienation
- intense fears
- adolescent concerns

Experience you can trust

Centennial Counseling Center is a team of seasoned, well-trained therapists dedicated to your well-being. Our highly qualified, state-licensed professionals are recognized by national organizations and are known as leaders in our respective fields.

Our wide range of expertise and training enable us to help you find the most effective solutions to your problems. We assist people at all stages of life from preschoolers to senior citizens. We offer counseling services to individuals, couples, and families, and provide group therapy as well. All of these services are offered in Spanish as well.

We listen first

At Centennial, we believe that therapy should be tailored to your needs and unique situation. And listening begins as soon as you call.

If you do not know any of our therapists, call us and we will be glad to assist you in selecting the right Centennial therapist for you.

Fees and Insurance

Your Centennial therapist will be glad to talk with you about our fees, and the frequency and duration of your therapy. Some health insurance programs cover some or all of the costs associated with therapy. We would be glad to be of help in determining coverage and completing forms.

Hours and Locations

Centennial staff members have morning, afternoon, evening, and weekend hours at each of our locations.

We are located at:

- in St. Charles at 1120 E. Main Street
- in Sandwich at 1 E. County Line Road
- in Yorkville at 106 Countryside Parkway

